



FALL 2025

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standard

Competitive Programs

**By Invitation Only & Must Be
Approved by Performance Director ** NO EXCEPTIONS ****
(*Age is guideline only)

Shuttle Pre-1C (*Ages 7-12)

13 weeks	TUE & SUN	September 7 – December 16	4-6PM 9-11AM	\$832 + GST
	FRI & SUN	September 5 – December 7	6-8PM 9-11AM	

Shuttle 1C (*Ages 8-12)

13 weeks	MON	September 8 – December 8	4-6PM	\$1229 + GST
	WED	September 10 – December 3	6-8PM	
	SAT	September 6 – December 6	1-3PM	

Shuttle 2C (*Ages 13-18)

13 weeks	MON	September 8 – December 8	6-8PM	\$1229 + GST
	THU	September 11 – December 4	4-6PM	
	SAT	September 6 – December 6	9-11AM	

Shuttle 3C (*Age 15+)

13 weeks	MON	September 8 – December 8	8-10PM	\$1229 + GST
	THU	September 11 – December 4	6-8PM	
	SAT	September 6 – December 6	11AM-1PM	

Shuttle 4 DOUBLES SPECIALIZATION: 2 Days

Prerequisite: Passed PHASE 2 of SH3 & participated in Rising Stars Circuit & Year-end Tournament

13 weeks	TUES	September 9 – December 16	6-8PM	\$858 + GST
	SAT	September 6 – December 6	3-5PM	