



SPRING 2026

Recreational Programs

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standard

Pre-Shuttle (*Ages 5-7)

8 weeks	FRI	May 1 – June 19	4-5:30PM	\$192 + GST
	SUN	April 26 – June 14	11AM-12:30PM	\$192 + GST

Shuttle 1 (*Ages 8-12)

8 weeks	TUES	April 28 – June 16	4-6PM	\$256 + GST
	WED	April 29 – June 17	4-6PM	\$256 + GST
	FRI	May 1 – June 19	4-6PM	\$256 + GST
	FRI	May 1 – June 19	6-8PM	\$256 + GST
	SAT	May 2 – June 20	5-7PM	\$256 + GST
	SUN	April 26 – June 14	11AM-1PM	\$256 + GST
	SUN	April 26 – June 14	3-5PM	\$256 + GST

Shuttle 2 (*Ages 13-18)

8 weeks	TUES	April 28 – June 16	4-6PM	\$256 + GST
	TUES	April 28 – June 16	6-8PM	\$256 + GST
	WED	April 29 – June 17	4-6PM	\$256 + GST
	FRI	May 1 – June 19	4-6PM	\$256 + GST
	FRI	May 1 – June 19	6-8PM	\$256 + GST
	SAT	May 2 – June 20	5-7PM	\$256 + GST
	SUN	April 26 – June 14	11AM-1PM	\$256 + GST
	SUN	April 26 – June 14	3-5PM	\$256 + GST

Shuttle 3 (*Ages 15-18)

8 weeks	TUES	April 28 – June 16	6-8PM	\$272 + GST
	SAT	May 2 – June 20	3-5PM	\$272 + GST
	SUN	April 26 – June 14	1-3PM	\$272 + GST

Adult (19+)

8 weeks	SUN	April 26 – June 14	1-3PM	\$272 + GST
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*Age is a guideline only, as coaches will assess player's skills for an appropriate program